# **A proposed explanation of the universal nature of the two relaxation processes occurring in simple glass forming materials in the region of the glass transition**

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In this paper we discuss the relaxation **processes occurring** on either side of the glass transition on the basis of a kinetic model for the local degrees of conformational freedom. A single molecular mechanism **is** evoked for the entire range of temperature and frequency but the introduction of a correlated term into the energy difference between the conformational states is shown to produce a marked distortion of the locus of maximum loss into two distinct branches. These, we argue, can be tentatively identified with the so-called  $\alpha$ - and  $\beta$ -relaxations which are normally observed in glass-forming systems.

It is well established that a wide range of molecular systems systems where such explanations are not appropriate. which do not crystallize upon cooling from the liquid or In this paper we propose to show that the appearance of rubbery state nevertheless undergo a distinct transformation two relaxations is a natural feature of a single relaxation of material properties around the 'glass transition tempera- process into which has been incorporated a degree of correture', *Tg.* In a temperature regime on either side of *Tg* two lated motion. Our basic model pictures the molecular well defined molecular relaxation processes are commonly motion in the usual way as a temperature-activated hopping observed: the process above  $T_g$  ( $\alpha$ -process) is usually con- process between two states but we allow the energy difsidered the primary process and referred to as the glass tran- ference between the two states to depend upon the occupa. sition process, whereas the process occurring below  $T_g$  ( $\beta$ - tion of the states themselves. This, as we will show, introprocess) is sometimes thought of as a secondary process duces a correlated aspect into the resultant motion and associated with the particular molecular system involved, alters the dynamics of the hopping process in a significant However, we would emphasize at this stage that the exis- fashion. The short-time behaviour of the model is still tence of two such relaxation processes appears concomit- governed predominantly by the underlying activated hopant with the glass transition rather than with any particular ping process and the usual kinetic effects, due to the slowing class of materials. Goldstein, in an extensive study<sup>1-3</sup>, has down of molecular motion as the t class of materials. Goldstein, in an extensive study<sup>1-3</sup>, has shown that  $\alpha$ - and  $\beta$ -processes are to be found in glass- are obtained. In the very long time limit, however, near to forming systems of pure liquids, alcohols, fused salts and mix- a critical temperature  $(T_c)$  the model shows the developtures of liquids comprised of rigid molecules. The existence ment of a fully correlated motion leading to a transition at of similar processes in high polymers has been known for  $T_c$  in the nature of the equilibrium state. We believe that many years and established by many workers<sup>4</sup>. Clearly, whether the system is ever allowed to reach this again following a suggestion of Goldstein, the experimental state is not important; what is important is that at inter-<br>situation suggests that a single hypothesis should be found to mediate times there is, to some degree, situation suggests that a single hypothesis should be found to mediate times there is, to some degree, a combination of explain the universal nature of both relaxations. In the correlated and kinetic effects present which literature, especially that devoted to high polymers, the needed to reproduce the characteristic features of the  $\alpha$ - $\alpha$ -process is generally thought of as being due to correlated and  $\beta$ -relaxation processes seen on either side of the glass motions leading to the glass transition. Kinetic effects transition. undoubtedly play a part and some workers would regard The model and our treatment will be grossly approximate the glass transition, especially in systems composed of simple and correspondingly the discussion will be mainly qualitative. molecules, as the temperature where the timescale of the Our prime intention is to establish the close relationship dominant molecular motion is comparable with the time-<br>between the  $\alpha$ - and  $\beta$ -relaxations and the hypothesis of scale of the experiment. In contrast, the details of the correlated motion. We are confident that the broad features secondary or  $\beta$ -process have, in a number of cases, been will survive refinements of the model and subsequent more specifically related to molecular features of the system analysis. being studied. In particular, in polymeric materials, the  $\beta$ process is frequently related to local motions of a side group attached to the main chain. This has led to the idea A CORRELATED TWO-STATE MODEL that  $\alpha$ - and  $\beta$ -processes are quite distinct phenomena. A  $\beta$ process is, however, clearly seen in polymers with no side One of the simplest models for local molecular motion is

INTRODUCTION groups (e.g.  $PVC<sup>5</sup>$  or  $PVDF<sup>6</sup>$ ) and, as the work of Goldstein shows, is also to be found in a range of simple molecular

> whether the system is ever allowed to reach this equilibrium correlated and kinetic effects present which is all that is



**Figure 1** The two-site model **and** and

the two-state model *(Figure 1)* where the local degree of freedom can be in one or other of two states. Transitions between these states occur by thermal activation over an energy barrier. As most of the experimental evidence cover-<br>where  $\alpha^2(T)$  is defined by: ing a wide range of frequencies is found in the form of dielectric data we will correspondingly use dielectric terms in our discussion, though the model is, of course, applicable to mechanical relaxations. *Figure 1* is therefore presented and  $m_0$  is determined at any temperature by the implicit as the energy of a dipole of moment  $\mu$  as a function of the equation: angle of rotation. The complex dielectric permittivity for this model  $\epsilon_0 \epsilon(\omega)$  is given by the Debye result:

$$
\epsilon(\omega) - \epsilon^{\infty} = \frac{\epsilon^0 - \epsilon^{\infty}}{1 + i\omega\tau}
$$
 (1)

$$
\epsilon^0 - \epsilon^\infty = \frac{N\mu^2}{\epsilon_0 kT} \tag{2}
$$

$$
\tau^{-1} = 2\nu_0 \exp(-V/kT) \tag{3}
$$

N is the number of dipoles per unit volume, T the tempera-<br>the single properties of the model it is convenient to<br>necessarily in terms of the dimensionless parameter.

some extent, reflect the effect of the local environment.  $\frac{f(t)}{f}$  follows: This has usually been achieved by making  $V$ , the mean barrier height, increase as the glass transition temperature is approached from above. This produces a rapid slowing down of molecular motions and a 'freezing in' of molecular conformations. Though a suitable choice of  $V(T)$  may model the  $\alpha$ -process, it does not, however, naturally extend below  $T_g$  to give a second or  $\beta$ -process. This is essentially the approach embodied by the theories of Adams and Gibbs<sup>7</sup> In *Figure 2* we present the contour map of  $e''$  in the

kind of modelling, an explicitly correlated contribution to diately apparent in the distortion of contour lines around relative occupation of the two states and write a linear rela- equation (5). The interesting feature is that this locus is tion of the form: split into two branches, one above and one below *Tc.* In

$$
W = W_0 + kT_c(n_1 - n_2)/(n_1 + n_2)
$$
 (4)

which describes the strength of the correlated contributions,  $W_0$  represents all other contributions, and  $n_1$  and  $n_2$  are the average occupation numbers (per unit volume) of the two sites. This mean field approach is of course directly related to the Weiss theory of ferromagnetism<sup>9</sup> or Mason theory of ferroelectricity<sup>10</sup> and generally leads to order/disorder transitions. In the Appendix we show that for this model (with  $W_0$  = 0 in the absence of an applied field for simplicity) the the quantities appearing in the expression have acquired additional temperature dependences given by:

$$
\tau = (\frac{1}{2}\nu_0) \exp\left(\frac{V}{k}\right) \times \frac{\alpha(T)}{1 - (T_c/T)\alpha^2(T)}
$$
(5)

$$
(\epsilon^0 - \epsilon^{\infty}) = \frac{N\mu^2}{\epsilon_0 kT} \times \frac{\alpha^2(T)}{1 - (T_c/T)\alpha^2(T)}
$$
(6)

$$
\alpha^2(T) = 1 - m_0^2 \tag{7}
$$

$$
m_0 = \tanh\left(\frac{m_0 T_c}{T}\right)
$$
\n
$$
\epsilon^0 - \epsilon^\infty
$$
\n(8)

It should be noted that this result contains only one more where **parameter**  $(T_c)$  than the original Debye-like result.

In the next section we begin an analysis of these results and a qualitative comparison with experimental data. We treat  $V(T)$  as a constant in order to clarify the effects of correlated motion introduced in this manner, though this should not be taken to imply that we believe this to be an and adequate representation for any particular material.

## PROPERTIES OF THE MODEL

ture and v<sub>0</sub> is a constant.<br>In a condensed phase the parameters V and W must, to  $T(T - V_0)$  is a condensed phase the parameter of the unrious constants have been above as  $T_c/T$ . Values of the various constants have been chosen as

$$
\frac{N\mu^2}{\epsilon_0 kT_c} = 1 \frac{V}{kT_c} = 25
$$
  
(1/2v<sub>0</sub>) exp (V/kT<sub>c</sub>) = 1

or Williams, Landel and Ferry<sup>8</sup>. log<sub>10</sub> ( $\omega$ ) and  $(T_c/T)$  plane resulting from this choice of para-In this paper we wish to introduce, in addition to this meters. The influence of the correlated motion is immethe motion. We do this by allowing the energy difference  $T_c/T = 1$ . On the same plot, drawn in a broken line, we also be determined in part by the show the locus of the relaxation time determined from show the locus of the relaxation time determined from the paper we wish to propose and support the idea that the  $W = W_0 + kT_c(n_1 - n_2)/(n_1 + n_2)$  (4) high temperature branch should be identified with the  $\alpha$ relaxation and the low temperature branch with the  $\beta$  relaxwhere  $T_c$  is a constant with the dimensions of temperature ation. Inspection of the contours already shows that at a



*Figure 2* Contours of  $e''$  in the log<sub>10</sub>( $\omega$ ),  $T_c/T$  plane. The inner contour **represents a value five times that of the outer** contour



*Figure 3* A plot of log $_{10}$   $e^{\prime\prime}$  as a function of  $T_{\mathcal{C}}$   $/T$  for values of  $\omega$  $\sim$  from 10<sup>-4</sup> to 10<sup>2</sup>: A, 10<sup>2</sup>; B, 10<sup>0</sup>; C, 10<sup>-2</sup>; D, 10<sup>-4</sup> IO-4

would show two well resolved processes, the one centred \ lower temperatures *(Figure 3).* At intermediate frequencies Find the temperature of the two processes begin to include the two processes begin to the two processes begin to merge and at high r{°C} the two processes begin to merge and at high r{°C} the two processes is seen. In fac frequencies  $(\omega \approx 1)$  only one process is seen. In fact our *Figure 4* **The locus of maximum loss for**<br>*F<sub>C</sub>* (data of Gesi for sodium silver nitrate) result suggests that this high frequency process should not be thought of as a merged  $\alpha$ - and  $\beta$ -process, but that there is a limiting frequency ( $\omega \sim 10^{-1} - 10^{-2}$ ) above which the ' $\beta$ -process' does not exist.

In some aspects the locus of the maximum loss factor is  $\frac{1}{2}$  and some aspects the focus of the maximum loss factor is<br>qualitatively similar to that seen in simple glass-forming systems and linear polymers. The  $\beta$ -relaxation invariably has a lower slope than the  $\alpha$  relaxation and is sometimes extrapolated beyond the experimental data points to intersect polated beyond the experimental data points to intersect<br>the  $\alpha$ -line. It is readily seen that away from  $T_c$  the two  $\beta$   $\beta$ processes resulting from the correlated motion also show these characteristics but that close to  $T_g$  the relaxation time increases extremely rapidly. This critical slowing down is a characteristic feature of such models and evidence for it in studies of poly(vinylidene fluoride)<sup>11</sup>, though a clearly resolved  $\beta$ -branch was not seen. This behaviour may be resolved B-branch was not seen. This behaviour may be *Figure 5* The  $\alpha$ - and  $\beta$ -relaxations in a typical alcohol glass. (data  $\beta$  as  $\beta$  at  $\beta$  as shown in  $\beta$   $\beta$  and  $\beta$   $\alpha$   $\beta$   $\gamma$   $\beta$   $\gamma$   $\beta$   $\gamma$   $\$ *Figure 4.* The Figure has been inverted with respect to its c. 0.1 kHz

original presentation<sup>12</sup> to facilitate comparison with *Figure* 2 and clearly shows the predicted behaviour. Note, however, that the  $\beta$ -branch is strongly curved only in a narrow region 2 extending some 10°C below  $T_c$ . In an amorphous polymer this feature may well be lost as a result of some distribution

Though *Figure 3* is presented as  $e''$  vs.  $T_a/T$  for comparison with *Figure 2*, many dielectric data are presented in the form of tan  $\delta$  or  $\log_{10} (\tan \delta)$  vs. T. The  $\alpha$ -process is typismaller than the  $\alpha$  process by a factor of 10 or more. We illustrate this typical behaviour by reference to 3-methyl-3 heptanol<sup>3</sup> *(Figure 5)* to emphasize that this seems charac-O-8 0.9 I II 12 1.3 teristic of the glassy state rather than being restricted to





of Goldstein for 3-methyl-3-heptanol): A, 100 kHz; B, 1 kHz;



*Figure 6* Model results for tan  $\delta$  as a function of temperature for *Figure 8* Model results for  $\epsilon' - \epsilon^{\infty}$  as a comparison with *Figure 5* (*V/kT<sub>C</sub>* = 15,  $\epsilon^{\infty}$  = 50): A, 10<sup>-4</sup>; B, 10<sup>-2</sup>; *Figure 8* Model comparison with *Figure 5 (V/kT<sub>C</sub> = 15, e*<sup>∞</sup> = 50): A, 10<sup>-4</sup>; *Figure 8* Model results for e′ – e<sup>∞</sup> as a function of temperature at جere comparison with *Figure 8 (V/k T*e intervals in frequency for comparison with



ferent frequencies, well above *T<sub>g</sub>* [data of Yano *et al.,* for poly-<br>(propylene oxide) : ∇, 0.1 kHz; ●, 1.0 kHz; ▼, 10 kHz; △, 100 kHz;

6 and it is pleasing to note general similarity of behaviour.<br>The singularity at  $T/T = 1$  is typical of mean field models height, V. In the absence of correlated motion this leads to The singularity at  $T/T_c = 1$  is typical of mean field models height, V. In the absence of correlated motion this leads a simple Arthenius behaviour for the general locus of the and can be removed by a variety of more detailed theoreti-<br>cal treatments. It is reflected in the real part of the nerulations process in the entire temperature and frequency plane. cal treatments. It is reflected in the real part of the per-<br>mittights be a Cyria. Weiss haberiour, as found in PVC<sup>13</sup> Introducing a correlated term into the energy difference mittivity by a Curie-Weiss behaviour, as found in PVC<sup>13</sup>,<br>hut and secondly observed in also forming avatems in the between the two conformations produces a marked distorbut not generally observed in glass-forming systems in the between the two conformations produces a marked distor-<br>immediate vicinity of T. Typical behaviour of  $c'(T)$  well tion of the locus of the loss process towards low immediate vicinity of  $T_g$ . Typical behaviour of  $\epsilon'(T)$  well tion of the locus of the loss process towards lower frequen-<br>above  $T_g$  is however as shown in Figure 7, for PPO<sup>14</sup> over cies in the region of  $T_c$ . In a temp above  $T_g$  is, however, as shown in *Figure 7*, for PPO<sup>14</sup> over a wide range of frequencies. It is seen that the step in ficiently low frequency this produces two processes, one<br>c'(T) becomes charge and bigher at lower frequencies and located near  $T_c$  which is strong and identified w  $\epsilon'(T)$  becomes sharper and higher at lower frequencies and located near  $T_c$  which is strong and identified with an  $\alpha$ <br>that in capacal  $\epsilon_0$ ,  $\epsilon_{\text{max}}$  falls of more rapidly than  $1/T$ . This process and the other at l that in general  $\epsilon^0 - \epsilon^\infty$  falls off more rapidly than  $1/T$ . This process and the other at low temperatures (the p process).<br>is also true of the model behaviour illustrated in Figure 8. This latter one is essentially th is also true of the model behaviour illustrated in *Figure 8*.

exhibits many features which are qualitatively similar to therefore, which is largely determined by the short range those found in glass-forming systems, the most striking of order present in both the liquid and glassy state. which is the appearance of two relaxation processes when low frequency data are presented as a function of frequency. This kind of behaviour is reproduced by making the REFERENCES energy *difference* between various conformations vary with the degree of order and suggests that more complicated 1 Johari. G. P. and Goldstein, M. J. *Phys. Chem.* 1970, 74, models of polymer behaviour should accommodate this 2 feature. The singularity occurring at  $T = T_c$  is of course a 2372



decade intervals in frequency for comparison with *Figure 8 (V/k T<sub>C</sub> =* 50)

feature of the 'mean field' method for dealing with the interactions between the original two-site model and the rest of the system. More sophisticated methods can be employed which allow only a finite number of interacting sites and deal more realistically with fluctuations. These reported on in due course.

assuming that the equilibrium degree of order has been established, though this of course need not necessarily be assumed and the behaviour can be investigated for a range  $\overrightarrow{50}$  0  $\overrightarrow{50}$  100  $\overrightarrow{50}$  of cooling rates or annealing cycles, for example, when<br>1.50 0  $\overrightarrow{50}$  100 tunical againg phenomena will result. The feature which typical ageing phenomena will result. The feature which we  $r$  $(^\circ \text{C})$  wish to highlight is the underlying thermodynamic transi-*Figure 7* The behaviour of e' as a function of temperature at dif-<br>ferent frequencies, well above *T<sub>a</sub>* [data of Yano *et al.,* for poly-<br>greatly modified by kinetic effects. In this paper we have (propylene oxide)] :  $\vee$ , 0.1 kHz;  $\bullet$ , 1.0 kHz;  $\nabla$ , 10 kHz;  $\triangle$ , 100 kHz; used the simplest model that combines the purely kinetic  $\bullet$ , 1.0 MHz;  $\Box$ , 0.6 GHz,  $\bullet$ , 1.0 GHz;  $\odot$ , 2.5 GHz effects of the two-site model with an underlying thermodynamic phase transition as an explanation of the  $\alpha$  and  $\beta$ relaxations. A single molecular mechanism is evoked for polymeric materials. The model results are shown in *Figure* the entire range of temperature and frequencies, i.e. the<br>6 and it is pleasing to note general similarity of behaviour activated hopping over a conformational ba but again modified to some extent by the correlated interactions. Realistic comparisons with experimental data are DISCUSSION AND CONCLUSIONS achieved using a small correlation energy per site which is only one twenty-fifth of the barrier height  $V$ . The corre-It is apparent that the simple model described in this paper lated motion does not radically change the barrier structure,

- 2034<br>Johari, G. P. and Goldstein, M. J. Chem. Phys. 1970, 53,
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- 3 Johari, G. P. and Goldstein, *M. J Chem. Phys.* 1971, 55,
- 4245<br>McCrum, N. G., Read, B. E. and Williams, G. 'Anelastic and 4 McCrum, N. G., Read, B. E. and Williams, G. 'Anelastic and For simplicity we take  $W_0 = 0$ ; then the static zero field Dielectric Effects in Polymeric Solids, Wiley, New York solution  $m_0$  is given from  $(A3)$  by:
- 5 Ishida, Y. *Kolloid Z.* 1960, 168, 29<br>6 Ishida, Y., Watanabe, M. and Yama
- 5 Ishida, Y., Watanabe, M. and Yamafuji, K. *Kolloid Z.* 1964,
- 
- 8 Williams, M. L., Landel, R. F. and Ferry, J. D. J. *Am. Chem.*
- 
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- 11 Brereton, M. G., Davies, G. R., Rushworth, A. and Spence, J. J. Polym. Sci. (A-2) In press
- 12 Gesi, K. *Ferroelectrics* 1972, 4, 245 written as:
- 13 Reddish, W. J. *Polym. Sci. (C)* 1966, 14, 123
- 14 Yano, S. *et aL Z Polym. Sci. (h-2)* 1976, 14, 1877

We start with the usual rate equations for the occupation numbers  $n_1$  and  $n_2$  of sites 1 and 2. In the notation of

$$
\frac{dn_1}{dt} = \nu_0 \left[ n_2 \exp\left( -\frac{E_2}{kT} \right) - n_1 \exp\left( -\frac{E_1}{kT} \right) \right] \quad (A1)
$$

We define new variables:

$$
2V = E_1 + E_2
$$
  
\n
$$
2W = E_1 - E_2
$$
  
\n
$$
N = n_1 + n_2
$$
  
\n
$$
2W = E_1 - E_2
$$
  
\n
$$
m = \frac{n_1 - n_2}{n_1 + n_2}
$$
  
\n
$$
(A2)
$$
  
\nwhere  $P_1 = N \mu m_1$  (the dipole r  
then we can identify:  
\n
$$
1 \qquad V \qquad \alpha
$$

Then equation (A1) becomes:

$$
\frac{dm}{dt} = -2\nu_0 \exp\left(-\frac{V}{kT}\right) \left[m \cosh\left(\frac{W}{kT}\right) - \sinh\left(\frac{W}{kT}\right)\right] \qquad \chi_r = \frac{N\mu^2}{\epsilon_0 kT} \times \frac{\alpha^2}{1 - \alpha^2 T_c/T}
$$
\n(A9)

We allow the energy difference  $2W$  between the sites to depend in part on the occupation of the two sites and write for W in the presence of an applied field E: Writing  $\chi_r = e^0 - e^{\infty}$ , we obtain equation (6).

$$
W = W_0 + kT_c m + \mu E \tag{A4}
$$

solution  $m_0$  is given from (A3) by:

6 Ishida, Y., Watanabe, M. and Yamafuji, K. *Kolloid Z.* 1964,  
\n200, 48  
\n7 Adams, G. and Gibbs, J. H. J. Chem. Phys. 1965, 43, 139  
\n
$$
m_0 = \tanh \frac{m_0 T_c}{T}
$$
\n(A5)

*Soc.* 1955, 77, 3701<br>
9 Weiss, P. J. Phys. 1907, 6, 661<br>
10 Mason, W. P. Phys. Rev. 1947, 72, 854<br>
<sup>9</sup> Weiss, P. J. Phys. Rev. 1947, 72, 854<br>
<sup>9</sup> Weiss, P. J. Phys. Rev. 1947, 72, 854 ever for  $T < T_c$  it develops two stable solutions  $m_0 \rightarrow \pm 1$  as  $T \rightarrow 0$ .

The response of the model to an applied field can be

$$
m(t) = m_0 + m_1(t) \tag{A6}
$$

To find the linear response of this system we can use (A6) in (A3) and expand in the terms  $m_1$  and E keeping in terms in  $m_0$  exact but using (A5). The result is:

APPENDIX  
\nWe start with the usual rate equations for the occupation  
\nnumbers 
$$
n_1
$$
 and  $n_2$  of sites 1 and 2. In the notation of  
\nFigure 1: 
$$
\frac{dm_1}{dt} = -\frac{2\nu_0 \exp(-V/kT)}{(1 - m_0^2)^{1/2}} \left[ m_1 \left\{ 1 - \frac{T_c}{T} (1 - m_0^2) \right\} - \frac{\mu E}{kT} (1 - m_0^2) \right]
$$
\n(A7)

If we compare this with the equation

$$
\frac{\text{d}P_1}{\text{d}T} = -\frac{1}{\tau} \left( P_1 - \epsilon_0 \chi_r E \right) \tag{A8}
$$

where  $P_1 = N \mu m_1$  (the dipole moment per unit volume), then we can identify:

$$
\tau = \frac{1}{2\nu_0} \exp\left(\frac{V}{kT}\right) \frac{\alpha}{1 - \alpha^2 T_c/T}
$$

$$
\chi_r = \frac{N\mu^2}{\epsilon_0 kT} \times \frac{\alpha^2}{1 - \alpha^2 T_c/T}
$$
(A9)

where

$$
\alpha^2=1-m_0^2
$$